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12-7-2021

### Deep Brain Stimulation: A Treatment Option for Parkinson's

Michael D. Staudt  
*Beaumont Health*

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#### Recommended Citation

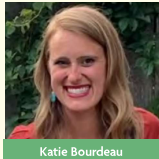
Staudt, MD. Deep Brain Stimulation: A Treatment Option for Parkinson's. Michigan Parkson Foundation. 2021 December 7; Webinar.

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## 2021–22 PARKINSON EXERCISE CLASS SCHEDULE

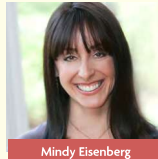
Monday through Saturday at 10:00 am through December 2022  
All classes use the same Zoom link

The Michigan Parkinson Foundation is pleased to announce the daily online Parkinson Exercise classes will continue through the end December 2022. These classes are a great option for those who do not have access to an appropriate community based program. You can participate from the privacy of your own home.



### MONDAY

Katie Bourdeau, PT, DPT  
Henry Ford Medical  
Center, will teach  
PWR Moves  
every Monday



### FRIDAY

Adapted Yoga  
For Parkinson's  
Mindy Eisenberg, MHSA,  
C-IAYT, ERYT-500,  
Founder/Director of  
Yoga Moves MS

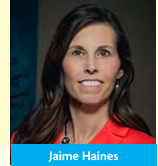
### TUESDAY

PWR Moves  
(Parkinson Wellness  
Recovery Exercise)

Angee Ludwa,  
PT Ascension Genesys  
Hospital in their outpatient  
neurological clinic



Angee Ludwa



Jaime Haines



Amy Yoke

### WEDNESDAY

Adapted Yoga  
For Parkinson's  
Mindy Eisenberg,  
MHSA, C-IAYT, ERYT-  
500, Founder/Director  
of Yoga Moves MS



Mindy Eisenberg

### SATURDAY

PWR Moves (Parkinson Wellness Recovery  
Exercise) Physical therapy students (DPT)  
Supervised by Jamie Haines, PT, DScPT, NCS  
Assistant Professor, Central Michigan University  
AND Amy Yoke, PT, PhD, NCS Associate  
Professor, Physical Therapy Department,  
University of Michigan-Flint

### ALL EXERCISE CLASSES USE THE SAME ZOOM LINK.

You need both the meeting ID and  
the password: parkinsonsmi-org.zoom.us  
Meeting ID: 813 7303 6837  
Password: MPF2020

Dial by your location +1 646 558 8656 US  
Meeting ID: 813 7303 6837

YOU MUST USE THE PASSWORD  
TO BE ENTERED INTO THE CLASS.

### THURSDAY

PWR Moves (Parkinson  
Wellness Recovery Exercise)

Kim Wilkins, DPT,  
Neuro Rehab., Beaumont  
Hospital, Royal Oak,  
Starting January 6,  
2022 Torrey Davenport, PT, DPT  
will teach Thursday's classes.



Kim Wilkins

### SPECIAL THANK YOU...

...to Jamie Haines, PT, DScPT, NCS Assistant  
Professor, Central Michigan University and  
Amy Yoke, PT, PhD, NCS Associate Professor,  
Physical Therapy Department, University of  
Michigan-Flint for arranging for their physical  
therapy students to teach the Saturday classes.  
This is a great opportunity for students to learn  
more about Parkinson's and see firsthand how  
people with Parkinson's benefit from dual task  
exercise. The students are closely supervised  
by their professors.

### INSTRUCTOR UPDATES:

We are excited to announce Kim Wilkins,  
DPT who teaches the Thursday class is preg-  
nant with her second child. Congratulations to  
Kim and her husband Eric. Kim will be available  
to teach until the end of December 2021.  
Congratulations Kim!



Torrey Davenport

### WELCOME TORREY DAVENPORT

We are pleased to welcome Torrey Davenport,  
PT, DPT from Leelanau Physical Therapy an out-  
patient clinic with locations in Traverse City and  
Sutton's Bay. Torrey will take over the Thursday  
classes starting January 6, 2022.

No Exercise Class on November 25, 26, 27,  
December 24, 25, 31 or January 1, 2022.

These classes are made possible by generous  
donors to the Michigan Parkinson Foundation,  
LucaStrong Fund and United Way of Southeast  
Michigan, Henry Ford Medical Center., Univer-  
sity of Michigan-Flint PT program and Central  
Michigan University PT program.

## FALL 2021 –WINTER 2022 EDUCATION PROGRAMS

The Michigan Parkinson Foundation, along with our health-  
care partners, are determined to keep you connected, interested,  
and educated! MPF's 2021-2022 Fall –Winter Patient Education  
programs are available live via Zoom.

Zoom is an online platform that allows us to connect our  
live programs directly to you at home via your computer. **To  
access the Zoom link, visit <https://parkinsonsmi-org.zoom.us/>  
for Meeting ID: 660 963 7129.** Enter the password, MPF  
2020 (Letters are all capitalized)

Or participate by phone, 646 558 8656, then enter meeting  
ID 660 963 7129.

### PARKINSON VIRTUAL SUPPORT GROUP EDUCATION PROGRAMS VIA ZOOM

- **TUESDAY NOVEMBER 9 AT 7:00 PM, Moving Forward:**  
Discovering a Treatment Option for Advanced Parkinson's  
Disease presented by Julie A. Burnham, DO, Michigan  
Neurology, PLLC, Mt. Clemens, MI Sponsored by Abbvie
- **TUESDAY NOVEMBER 16 AT 7:00 PM, PHYSICAL  
THERAPY,** presented by Stu Blatt, DPT, PT
- **TUESDAY DECEMBER 7 AT 7:00 PM, Deep Brain Stimula-  
tion (DBS),** A treatment Option for Parkinson's. Presented  
by Aaron L. Ellenbogen, DO, MPH, FACN, Neurologist and  
Michael Staudt, MD, MSc, Functional Neurosurgeon  
Sponsored by Abbott.
- **TUESDAY DECEMBER 14 AT 7:00 PM, Speech, Voice,  
Swallowing, & Cognition in the Parkinson's Population,**  
presented by Leigh Harter M.S., CCC-SLP & Kaylee Torok,  
M.A., CCC-SLP, Leigh Harter Speech Services, LLC
- **TUESDAY JANUARY 11 AT 7:00 PM, Patient-Centric Med-  
ical Management: Home Health, Private Duty Services,  
and Transitional Care,** presented by Julie Brouhard, LMSW,  
CCM, Transitional Case Manager, CorsoCare
- **TUESDAY JANUARY 18 AT 7:00 PM, PACE: Community  
Based Inclusive Care for the Elderly** presented by Lori  
Wells, Community Outreach Director, PACENorth
- **TUESDAY FEBRUARY 1 AT 7:00 PM, The Role of Exercise,  
Dual Task Training and General Wellness in Parkinson's  
Disease,** presented by Meghan Malley, DPT, PT with The  
Recovery Project