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8-28-2022

### Make a Wish: Happy Birthday Bladder Candle

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#### Recommended Citation

Geisenhoff A, Shah M, Schober M. Make a wish: Happy birthday bladder candle. Paper presented at: 96th Annual Meeting of the North Central Section of the American Urological Association; 2022 Aug 28-31; Chicago IL.

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**Funding:** N/A

**Podium #141**

**MAKE A WISH: HAPPY BIRTHDAY BLADDER CANDLE**

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*Beaumont Health*

Presented By: Alexander M. Geisenhoff, MD, BS

**Introduction:** Foreign bodies within the urinary bladder are most often associated with irritative voiding symptoms, and self insertion of urethral foreign bodies is often seen as a result of autoerotic behavior, complications of psychiatric disturbances or intoxication. A vast number of foreign bodies have been reported in the literature, and techniques for removal of these foreign bodies range from cystoscopic extraction to open cystotomy. Here we discuss the treatment of multiple foreign bodies within the bladder.

**Case:** A 16-year-old male with history of autism, type 1 diabetes mellitus and ADHD, presented to clinic after an US showed an elongated tubular structure within the bladder concerning for foreign body. The patient reported inserting insulin pump tubing into his urethra 4-5 times over the past few years, and that several pieces had come out during urination but he was unsure how much tubing remained. He also reported inserting a birthday candle into his urethra which he was never able to remove. Cystoscopy demonstrated 4-5 coils of insulin pump tubing, and an intact birthday candle. The tubing was removed with graspers, but the candle proved too rigid to remove. The SOLTIVE thulium laser was utilized to fragment the candle before it was irrigated out. Follow-up US was unremarkable and the patient denied inserting any additional objects into his urethra.

**Conclusion:** Polyembolokoilomania is a rare condition that can lead to significant morbidity. This case provides evidence that the SOLTIVE thulium laser is a safe and effective treatment modality for treatment of wax based bladder foreign bodies.

**Funding:** N/A